

**Self Defense Workshop -Nirbhaya Kanya Abhiyan
(Girl's student Council/Gender equality cell)**

Details of The Resource Person:

Mr. Mohammad Arif Khan

Admin Manager/Fitness and
Martial Arts Experts,
METs, Bhujbal Knowledge City,
Adgaon, Nashik

Day and Date: 25 /02/2022

Link to join: [offline](#)

Link for social media shared:

Participants Details

Total no. of students: 115

Total no of Faculties: 4

Objectives:

- Webinar gives information regarding self-defense workshop.
- Various training on martial training art.

Key Outcome of the Activity:

- Able to understand basics precautions in mock gathering and different techniques of martial arts.

Photo Gallery:



Felicitation of **Mrs. Pallavi Shridhar Dhatrak**, Dist., Sports Officer, Nashik, Govt. of Maharashtra.





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Dr. N. L. Dashputre
GSC Coordinator



Official Seal

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Dr. Sanjay Jayprakash Kshirsagar
Name and Signature
Head of the Institution

PRINCIPAL
MET's Institute of Pharmacy,
Bhujbal Knowledge City,
Adgaon, NASHIK-422 003.